

Canoeing and kayaking are 'assumed risk' sports which carry associated risks and are potentially hazardous. All members of Inverness Canoe Club (hereafter referred to as the 'Club') must ensure that they are fully aware of these risks before embarking on any Club activity and thereafter do so entirely at their own risk. For the duration of all Club activities, each individual Club member is responsible for their own actions and involvement, and for ensuring that their personal skills and experience are commensurate to the environment in which they are active; they are also responsible for the suitability and condition of all equipment they use. Neither the Club, nor its office bearers, can or will accept any liability for any loss or injury, to person or possessions, sustained whilst participating in Club activities.

By signing and submitting this application form, I agree to the following statements:

- I have read, understand and fully accept the Liability Statement displayed above;
- I will abide by the Club Risk Assessment (copies available via the Club website, [www.invernesscc.org.uk](http://www.invernesscc.org.uk), or on request);
- I will advise the activity leader if I or my child cannot swim a minimum distance of 25 metres unaided;
- I must wear a properly fitted buoyancy aid at all times when on the water;
- I will abide by the instructions and decisions of the activity leader; and,
- I will inform the activity leader of any medical conditions or other factors which may affect my paddling when attending any Club event.

Additionally, I accept that as a member of the Inverness Canoe Club, I will be bound by the Club's constitution and other policies (copies available via the Club website, [www.invernesscc.org.uk](http://www.invernesscc.org.uk), or on request).

Previous statement:

Canoeing and kayaking are 'assumed risk' sports which carry associated risks and are potentially hazardous. All members of Inverness Canoe Club (hereafter referred to as the 'club') must ensure that they are fully aware of these risks before embarking on any club activity and thereafter do so entirely at their own risk. For the duration of all club activities, each individual club member is responsible for their own actions and involvement, and for ensuring that their personal skills and experience are commensurate to the environment in which they are active; they are also responsible for the suitability and condition of all equipment they use. Neither the club, nor its office bearers, can or will accept any liability for any loss or injury, to person or possessions, sustained whilst participating in club activities.

By signing and submitting this application form, I hereby acknowledge, agree with and agree to be bound by the following statements:

- I have read, understand and fully accept the Liability Statement displayed above and agree to abide by all club policies (copies available via the club website, [www.invernesscc.org.uk](http://www.invernesscc.org.uk), or on request);
- I will advise the coach/leader/trip organiser if I or my child cannot swim a minimum distance of 25 metres unaided;
- I accept that canoeing and kayaking are 'assumed risk' sports which can be hazardous and are undertaken at my own risk;
- I confirm that I do not have any disability or medical condition which may render me unfit for strenuous exercise. It is my duty to inform a coach or organiser of any medical conditions or other factors which may affect your paddling when you attend any club event;
- I consent to the information submitted with this application form being held and used in line with the data protection statement displayed above; and
- I consent to any images, videos or sound recordings, which feature me and are captured during any club event or activity, being used for any club-related purpose (which may include, amongst others, advertising, promotion, marketing and website uses) and agree that they may be combined with other images, text and graphics, cropped, altered and modified.