

The risk assessment supplements the ICC Paddlesport Risk Assessment and Management Document

HAZARD	WHO MIGHT BE HARMED?	HOW MAY THE RISK BE ADEQUATELY CONTROLLED?	WHAT FURTHER ACTION MAY BE REQUIRED?	Review comments
Drowning	Paddlers Others	Club has a pool supervisor who works together with the life guards to ensure safety at the pool. Participants swimming ability is discussed with Coaches at first session. Instruction in capsize procedures for weaker swimmers is provided in the first session. Novice paddlers i.e. those without WW award/sea kayak award are supervised.	Active Coaches Level 1 or above or suitably trained Paddlesport Instructors Coach the pool sessions. Induction sessions are provided for beginners and new members. Equipment is regularly checked during the season.	
Moving & Handling	Paddlers, Coaches & others	Coaches include safe moving and handling of equipment in novice paddlers induction. Paddlers are responsible for their individual risk assessment. Club equipment is stored to enable ease of access. There is minimal heavy lifting or difficult equipment to be moved. Boats are emptied of water prior to moving. Coaches ensure good practice of 2 persons carrying boats. Boats to be rolled upsides down to drain before lifting	Regular moving and handling awareness for ICC members in manoeuvring boats.	

<p>Trauma: Head injury Musculoskeletal injuries, slips, falls, Past Medical History</p>	<p>Paddlers, Parents Coaches & others</p>	<p>Equipment is maintained and stored to enable safe moving & handling. Present Medical History is declared at the beginning of the session. Participants, are trained to move and handle correctly and ask for help when moving boat. ICC sessions include dynamic warm up. There is no running poolside, this is supervised by pool lifeguards and club supervisor. Coaches ensure paddlers use an efficient paddling technique, appropriate paddle. Coaches/All ensure that walkways are kept clear of any objects. Boats should be stacked on tiered steps of Competition Pool. Paddles, floats etc are kept tidy on the side of the pool to avoid trips. Active coaches Level 1 or above or suitably trained Paddlesport Instructors supervise all activity in the pool.</p>	<p>Ongoing training and regular checks of procedures. Appropriate checks on storage facilities.</p>	
<p>Pollution and Water Quality of the pool</p>	<p>Paddlers /swimmers</p>	<p>Personal kayaks are only brought into pool by coaches invitation Boats and paddles are cleaned and decontaminated prior to entering the pool if they have been used on rivers and Lochs.</p>	<p>Both club and personal boats are cleaned and inspected.</p>	
<p>Facilities, pool</p>	<p>Paddlers Coaches</p>	<p>There is no seal launching to avoid damage to edge of pool. Paddlers are instructed how to enter boat</p>		

<p>Spread of Covid19 Coronavirus</p>	<p>All Paddlers Vulnerable groups: elderly, pregnant, existing underlying health conditions.</p>	<p>Self-declaration Anyone booking on/attending a club activity should not in the previous 14 days: had any Covid19 symptoms. If a person has been in contact with any confirmed/suspected Covid19 case they have tested negative. Not travelled internationally to countries requiring quarantine. Named bookings provide details if track and trace is required. Spectators must check in using the QR code at the Aquadrome.</p>		<p>Review in line with SCA guidance</p>
		<p>Face covering: Face covering should be worn when pool side, when moving around the Aquadome. Hand Washing Hand sanitiser to be available during the session to be used at start/end of session and regularly when not in the pool. Hand sanitiser stations are available at entrance and in the pool area: https://www.hps.scot.nhs.uk/a-to-z-of-topics/hand-hygiene/ Moving around the Aquadrome: All are to keep left when walking to and from sessions and keep a distance from others.</p>	<p>Paddlers are reminded on a regular basis to wash hands.</p>	

		<p>First Aid: see guidance https://www.sja.org.uk/get-advice/first-aid-advice/covid-19-advice-for-first-aiders/ https://www.hse.gov.uk/coronavirus/first-aid-and-medicals/first-aid-certificate-coronavirus.htm https://www.resus.org.uk/covid-19-resources/covid-19-resources-general-public/resuscitation-council-uk-statement-covid-19</p> <p>If possible, a paddler should self-administer first aid treatment with verbal prompting. If first aid has to be administered this should be done wearing a mask. CPR: Before starting CPR, to minimise transmission risk, a cloth or towel should be used to cover the person's mouth and nose, while still permitting breathing to restart following successful resuscitation Rescue breaths will not be administered.</p>		
		<p>Information: Members will be notified of ICC Covid19 systems and what is expected of them. Members will be familiar with the ICC Paddlesport Risk Assessment and Management.</p>	<p>Members will receive information in advance of club activities to enable them to prepare adequately</p>	